Belladonna massage

at belladonna, we embrace different techniques intended to rebalance the body's delicate sense of well being, relieve stress, and release the emotional strains of our hectic lifestyles. because of the intimate nature of these services, it is imperative that you communicate your needs and expectations for your session with your therapist before getting started. the time is yours, make it count.

full body therapeutic massage

50 minutes **$75.00**
80 minutes **$115.00**

which one do you need?

- be relaxed. for when you need to relax and let go – all those stresses and strains of the day that have landed between your shoulder blades and in the pit of your stomach will melt away under expert hands utilizing massage techniques that bring about a sense of balance and inner peace. deep breathing, polarity, and swedish are some of the modalities that may be used.
- be restored. for when you have nothing left – the energy stores are low and your motivation to do or be anything other than tired is exhaustingly present. this massage will invigorate and restore your energy source to enable you to continue on your journey with enthusiasm and a sense of purpose. acupressure, stretching, shiatsu, and other types of energy work may be used.
- be balanced. for when you feel so out of whack, you just don't feel like yourself, your energy is low and sluggish. everything is too much, your personal time is not enough, and vacation has become some foreign word. this massage incorporates massage techniques that allow your body to come back into balance. modalities such as swedish, myofacial release, and polarity may be used. you will be able to take a deeper breath than you have in a long time.

deep tissue massage

50 minutes **$90.00**
80 minutes **$130.00**

which one do you need?

- be pummeled. for when your body craves a deep and strong massage – when it has been waaaay too long since your last massage, you restarted that commitment to work out every day, or your work is so stressful that your shoulders meet your ears. this is a massage that works out all those kinks and strains and allows you to return to those activities with a renewed sense of commitment and inner strength. deep tissue, cross-fiber friction, and neuromuscular therapy may be used.
- be so knot free. for when your body has been abused and misused and needs some specifically focused work on a particular area(s). too many squats, too many grocery bags or too many biking accidents – your therapist may use techniques such as deep tissue, sculpting, and compression to help alleviate the physical pain and release the emotional stress and then educate you on how to do things differently to prevent a repeat performance.
- be loose as a goose. assisted stretching with massage. sometimes you just need an extra pair of hands to move your body that little tiny squinch of an inch more to truly allow your body to feel stretched, relaxed and have your blood flowing freely. your therapist will assist you in this relaxing process while destressing your muscles, calming your mind, and relaxing your body.

be more. enrich your massage treatment

- still bath/$25.00

- be bubbly: jacuzzi/$25.00

- be hot: sauna/$25.00

- be relieved: back stress relief treatment/$50.00

- be aromatic: scent your massage oil/$10.00

Belladonna massage

be centered. warm stone massage: a unique healing and balancing therapy blending traditional massage with the heat and pressure of hand selected, smooth river stones. the movement and the placement of the stones on chakra points in addition to facial marma points provide a sense of balance, centering, and well-being. plan on taking extra time afterward to relax and enjoy how completely rejuvenated you feel in our tea garden.

80 minutes/$145.00

be thai'd up. table thai® lazy man's yoga. combines pressure point techniques with a variety of movements applied slowly in patterns of gentle rocking and rhythmic compressions. the client is gently pulled, pushed and kneaded and emerges relaxed, centered, grounded, and re-energized. table thai helps to open you up and creates space in the mind and body. this massage is traditionally done in thailand on the floor.

80 minutes/$145.00

be with child. the pregnancy massage: being pregnant brings many changes to not only the physical body, but the spirit and mind as well. everything looks and feels soooo different. our therapists utilize bolsters and support cushions to allow your body to relax and reap the benefits of a massage so that you are able to celebrate this special time. we utilize a unique blend of oils to help the skin maintain its suppleness, to deter stretch marks and ease aches and pains associated with pregnancy. we require a doctor's note for permission to do this massage.

50 minutes/$75.00

Belladonna skin care

be original. belladonna's original award-winning facial: this luxurious facial is designed to cleanse, exfoliate, and re-hydrate your skin while providing stress relief, relaxation, and a total sense of well being.

50 minutes/$75.00

be the best. the master facial: a facial treatment with the best – let our team of estheticians, who have mastered the art of skin care, develop a treatment that meets your individual needs including some of the latest techniques and ultimate skin care products available to estheticians today.

50 minutes/$125.00

be youthful. the replenishing facial: one of our favorite facials. designed to protect the skin against free radicals that accelerate aging, this facial stimulates new cell growth and firms tissue while smoothing wrinkles and fine lines. great for combating dehydration caused by smoking, and other environmental pollutants.

50 minutes/$95.00

be organic. eminence facial. choose from an array of luscious fruit, vegetable, and herbal skincare products handcrafted by eminence organic skincare. the organic ingredients have an incredibly fresh aroma, with natural pure vitamin infusions that address a variety of skin concerns such as premature aging, loss of vitality, tone and radiance. your skin care specialist will customize your facial to have the greatest effect, releasing your inner beauty

50 minutes/ $85.00

be beyond organic. the ultimate eminence facial. take the already tasty organic facial and add more scrumptious massage and a luscious luxurious lip and eye treatment, and you are beyond organic.

80 minutes/$150.00

be smooth. the glycolic retexturizing facial: designed to promote the rapid release of dry, dead skin cells that cause a poor surface texture and dull complexion color. this treatment stimulates the production of new skin cells and helps to eliminate clogged pores. ideal for those with dry, flaky, coarse, or mature skin in need of texture improvements. also great for correcting some of the effects of sun damage and for those under acne care. a glycolic procedure is not suitable for clients who are excessively exposed to direct sunlight. you must be on a home care regimen using glycolic acid for at least two weeks before having this facial. this treatment is not recommended for use on irritated, overly sensitive skin, sunburned skin, or open lesions. try our glycolic hand treatment with this service.

50 minutes/$90.00

be repaired. the reparative hydrating facial. our senior esthetician, shannon de la cerda, designed this phenomenal facial treatment, perfect for dehydrated and sun damaged skin. we begin with a 30% glycolic peel after which our reparative vitamin c treatment deeply penetrates your skin while experiencing the relaxing strokes of the facial massage. this acts as the catalyst for the collagen infusion mask, followed by warm paraffin to seal in the ultra hydrating, more youthful vibrant tone. this facial is not recommended for acneic or rosacea skin types.

50 minutes/$140.00

be handsome. the man's basic facial with a shaving lesson: a man's face has different needs due to the aggressive exfoliation brought about by daily shaving. this treatment is deep cleansing yet gentle and re-hydrating for even the toughest skin. men love this treatment especially when paired with a shaving lesson to ensure proper technique and the use of appropriate grooming products.

50 minutes/$75.00

Belladonna skin care

be adjusted. the women's facial for after 40: this luxurious, pampering, therapeutic treatment was developed by b. kamins, chemist, to deal with many of the changes in complexions that occur prior to, during and after menopause. it promotes noticeable firming, a smoother complexion and cools traumatized skin, leaving the skin radiant and tension free.

50 minutes/$90.00

be calm. the soothing anti-redness facial: this facial, again designed by b. kamins, chemist, was specifically developed for sensitive skin, especially rosacea. this treatment begins with an in-depth analysis of the skin. the treatment soothes the skin to make it more vibrant and manageable. a good home care regimen is important in maintaining and managing facial redness and rosacea. our makeup artists can also provide assistance with eliminating redness through makeup techniques and products.

50 minutes/$90.00

be more. enrich your facial treatment

- **icu: eye treatment/$25.00**
- **luscious lip treatment/$15.00**
- **glycolic facial peel/$20.00**
- **30% vitamin c facial treatment/$20.00**
- **glycolic hand treatment/$30.00**
- **vitamin c hand treatment/ $30.00**

microdermabrasion

microdermabrasion is beneficial for softening and erasing fine lines on the face, lightening and eliminating hyperpigmentation, improving sun-damaged skin on the face, neck and chest, reducing and eliminating the appearance of acne and other scars, and stretch marks, and rejuvenating tired, lifeless skin. what makes microdermabrasion unique at belladonna is that our estheticians incorporate microdermabrasion into a complete facial, using either a soothing, relaxing mask in conjunction with the exfoliation, or a pigmentation lightening mask that erases hyperpigmentation, smoothes, hydrates and lifts. our esthetic team wants you to have more than a microdermabrasion treatment, by experiencing a rejuvenating and relaxing service as well.

be quick. microdermabrasion quick treatment: for those who want the benefits of microdermabrasion but may not have the time for the full facial. this quick treatment allows you to do that. we leave out the facial and perform simply microdermabrasion with organics followed by a calming and soothing treatment leaving your skin feeling smooth, clean, and hydrated.

30 minutes/$80.00
6 treatments/$480.00 (plus one complimentary)

be soothed. microdermabrasion soothing resurfacing facial

50 minutes/$155.00
6 treatments/$930.00 (plus one complimentary)

be bright. pigmentation elimination microfacial

80 minutes/$225.00
6 treatments/$1350.00 (plus one complimentary)

please discuss other target areas with your esthetician.

hand and foot services

look for new services coming soon!

just be manicure. basic wonderful manicure. manage your hands and nailcare and correct any nail problems. just making the commitment to yourself to get regular manicures can begin the process to healthier nails and hands and a better self image. choose from our beautiful selection of polish colors or just go buff and try our new hand lotion bar where you can choose your hand lotion from a number of our fabulous hand creams.

30 minutes/$25.00 (french $30.00)

be healthy. nail strengthening and hand repair treatment. pomegranate, better known for its ability to strengthen your skin's natural defenses with antioxidants such as vitamins c and e and fig blended with natural sea salts, in a great exfoliator form the foundation of this fabulous strengthening service and hand treatment. an application of our grapeseed anti-oxidant oil, our nail fortifier made from horsetail grass, and our lemon skin lightening serum work in tandem to reduce and lighten pigmentation caused by uv damage while actually renewing your hand's appearance, and restoring the health of your nails. following a dip in our hydrating paraffin, a shoulder and neck massage, and an application of pomegranate fig body butter your hands are beautifully conditioned and hydrated, and your nails are on the mend and on their way to be healthy and strong.

60 mins/$65.00

be tough. the hard-working hands manicure, better known as the extreme manicure. for those who are just plain abusive to their hands and nails and need extra time and care. our special extreme hand spa soak helps soften cuticles, clean and whiten nails and leaves hands silky smooth with a wonderful mint fragrance. follow that with our extreme scrub and extra time spent handling the ragged cuticles and calluses, as well as trimming, cleaning and filing the nails. topped off with our tea tree paraffin to help heal and soften hands, no one will recognize those paws. a great gift for anyone that is tough on their hands, especially men.

60 mins/$55.00

hand and foot services

just be pedicure. basic wonderful pedicure. one of our most popular services. while you are mesmerized by the fish swimming peacefully in our aquariums, our foot care specialists utilize customized whirlpool salts and our belladonna loofah scrub, removing calluses, trimming and filing your toenails, and massaging your feet and calves. whether you buff or polish, your feet will be able to carry you anywhere.

60 mins/$55.00 (french $60.00)

cinderella pedicure. get your glass slippers ready for our most luxurious pedicure service (like a spa facial on your feet). start with a relaxing soak in our purifying tea tree bath. soften cuticles in rich alpha hydroxy acids and green tea extracts, then scrub your feet using an alpha hydroxy acid sugar scrub that further softens and eliminates those calluses and dead skin cells that keep your toes from looking their best. seal and moisturize with our hydrating clay mask rich in shea butter. a rich deep penetrating massage cream restores pliability, softens calluses and protects the skin. paint or buff those toes and you are ready for the ball.

90 minutes/$95.00

extreme pedicure. for those of you who need more than just an hour to handle those toes – whether it is because you love more massage or your calluses need extra care, this treatment really focuses on feet that need extra time and attention. extreme salts help soften calluses and cuticles and soothe tired, aching feet. a cool, soothing mask is painted onto the legs and feet and left to dry. this high-powered mask leaves your feet incredibly soft, smooth and hydrated. next, we apply our extreme foot lotion and dip your feet in our extreme paraffin, sealing in the healing benefits of aloe and nourishing vitamins. take a deep breath while you enjoy this paraffin treatment, accompanied by a hand and arm massage. the perfect treat for a guy, especially those who have never had a pedicure.

90 minutes/$95.00

a walk on the beach. go to the beach for an hour. let soothing ocean sounds relax you. and just like a day spent walking barefoot along the shoreline, your feet will have that soft smooth feel and your mind will have a sense of peace. we start with a marine foot soak that rebalances your entire body and re-energizes your soles, and soul. our sand scrub foot therapy, using sand and essential oils of lemon, peppermint and eucalyptus, calms, cleans and refreshes your feet. we then apply our sea mineral mask that helps the body reabsorb missing minerals and nutrients, and brings your feet and entire body back into balance. don't forget your sunglasses.

60 mins/$75.00

pedicure for mom-to-be. she can't even see her toes, much less touch them. the perfect treat for those expecting. soak those feet in our tingle soothing soak to melt away the tension and stress. using our tranquility anti-swelling soak we gently exfoliate your calves, ankles, and toes while calming your spirit and dissolving the problem of edema. extra "rubbies" on those exhausted feet with our fanciful feet foot and leg treatment again helps with swelling and totally re-hydrates your legs and feet.

60 mins/$75.00

be tranquil. thai foot ritual. sabai, sabai in thai language means to be relaxed or comfortable. sit back, relax and breathe in the scents of lemongrass and lime. inspired by the beauty of thailand and its power to calm and sedate, this unique pedicure combines thai foot massage with herbal remedies that soothe achy and sore feet and smooth skin. soak in lemongrass and kaffir lime salts, and fresh lime slices to deeply cleanse. cool and detoxify with thai white volcanic clay mask and lime as it exfoliates and purifies the skin. exclusive only to belladonna, the thai pedicure uses lemongrass lotion and a wooden dowel to massage the legs and feet; a unique experience.
90 mins/$95.00

be more. enrich your manicure or pedicure service:

reflexology	15 minutes	**$25.00**
	30 minutes	**$40.00**
hand paraffin	30 minutes	**$25.00**
foot paraffin	30 minutes	**$25.00**
nail repair		**$7.50/nail**
neck & shoulder massage	15 minutes	**$25.00**

body buffs

be salt of the earth. belladonna salt glow: by far the favorite, especially during the change of seasons or for a special occasion. before the exfoliation begins, your therapist applies warm almond oil to the body. incredible results are obtained with the use of a wonderful blend of utah salt and natural cornmeal to gently exfoliate and stimulate circulation. then step into our european shower to rinse. this treatment ends with an application massage using belladonna's avocado body lotion which leaves your skin aglow.

50 minutes/$75.00

be oh so sweet. belladonna raw sugar cane rub: an amazing treat for your senses as well as your skin. it gently moisturizes, exfoliates, and stimulates your entire body. sugar is an excellent antioxidant, helping the body fight environmental pollutants while cold-pressed virgin coconut oil hydrates and nourishes the skin. the combination leaves the skin healthy and protected. an application of our coconut body butter made from milk proteins combined with soy and passionflower ends this service divinely.

50 minutes/$80.00

Belladonna body rituals

belladonna has searched the world to bring unique indonesian wellness rituals to you. our mission is to blend exotic ingredients and celebratory traditions to create a cross-cultural experience through spa products and services. we use traditional recipes with indigenous ingredients from different islands. proceeds are donated to the villages where the specific rituals originated, thus helping to preserve these exceptional traditions. please keep in mind what the indonesian people believe about their rituals: “the more beautiful and fragrant the offering, the higher the prayer carries to its intention.” it is our hope that these beautiful treatments, soothing music and lovely fragrances help properly introduce our clients to the exquisite indonesian culture. enjoy!

be grounded. belladonna's mud body ritual: mother always told you not to play in it and yet there was just something about mud that made you want to run and jump into it. belladonna gives you permission to get as mudified as you care to be. for centuries, mud has been used as a treatment for detoxifying and purifying the body. it has been widely researched and documented as to the deep healing effects of moor mud, which contains more than 1,000 plant extracts and trace elements and is totally organic and sterile. you start in the biggest mud puddle we could find, our deep still bath, filled with our moor mud. you are then rubbed and scrubbed with our mud body scrub, to gently exfoliate, stimulate your circulation and leave your skin polished and hydrated. now the fun begins. your entire body from the top of your head to the tips of your toes is slathered in the most luxurious mud, richly organic and full of vitamins and minerals. our highly organic moor mud body mask envelops your body drawing out all impurities and bringing the body into a very grounded, balanced and calmed state of relaxation. the mud face mask is a cleansing and purifying mask that is gentle yet effective in removing impurities from the pores but not dehydrating to the skin. a shower leaves your body rinsed and refreshed and ready for the final application of our mineral body hydrator. you will never need permission to play in mud again.

80 minutes/$150.00

be bamboozled. zen body retreat: this peaceful retreat is designed to transport you to a place that calms the mind and soothes the soul – a place to find just you. you start your treatment with a zen card, which carries a unique message. meditate on the message. an incredible scrub made with thai lemongrass, kaffir lime and essential oils exfoliates and eliminates dull dry skin while deeply hydrating the skin. you are then assisted into a luxurious bath made from green tea, mulberry and milk which softens and conditions the skin. then melt into the hands of your massage therapist. they massage any remaining stress and strains using essential oils made from indigenous thai medicinal herbs to induce relaxation and inspire good health combined with our hydrating and warming lemongrass and lime body lotion. enjoy a cup of organic thai tea. ommmmmm…….

110 minutes/$165.00

be detoxed. detoxifying seaweed body treatment: it’s been a rough week. a detoxifing seaweed body treatment can help. rich in laminaria, the most nutritious plant from the sea, and lithothamnium, the most purifying plant form the sea, these seaweeds help unlock trapped fluids and toxins that are stored in tissues. essential oils of cypress, juniper berry, lemon, lavender, and rosemary stimulate the lymphatic system to remove stored impurities, improve the appearance of un-toned skin, balance water retention and hydrate the body.

50 minutes/$95.00

be tropical. belladonna’s maui wowee body wamee: put yourself in our hands and let us take you to a place of peace and tranquility. to the beautiful soothing sound of steel drums, you are cocooned in a body mask made of exotic fruits such as peach, pineapple, apple, pomegranate, and guava, that have natural aha’s, to help facilitate the removal of dead cells while stimulating the regeneration of new ones. after showering, you are rubbed and scrubbed with our coconut extreme glow salt scrub that furthers the destressing process, while the almond oil, grapeseed oil, avocado oil, and extracts of chamomile and ginger work hard to deeply moisturize and leave your skin glowing. to insure your sense of tropical indulgence, we end your treatment with a lotion application using our coconut whipped body butter, made from shea butter, macadamia seed oil, kukui nut oil, and other highly moisturizing ingredients. a “wish you were here” postcard is included to send to a friend or loved one. aloha!

80 minutes/$150.00

Belladonna aromatherapy

aromatherapy is the use of essential oils extracted from plants to restore and enhance beauty and health, that can actually alter our moods and provide dramatic therapeutic effects. through inhalation and penetration through the skin, essential oils help to counteract the physiological and emotional impact that pollution, poor nutrition, and emotional and physical stress can have on our bodies. the power recovery aromatherapy treatment simply utilizes either lavender or rosemary to bring your body into balance and allows you to reclaim either peaceful sleep or vibrant energy.

be essential. real, original aromatherapy massage

50 minutes/$95.00
80 minutes/$135.00

be quiet. lavender power recovery aromatherapy treatment: reintroduce your body and mind to a sense of calm and create a need to be still and quiet through the use of lavender. lavender, known for its uncanny ability to calm, soothe, and above all restore balance, both physically and mentally, restores a sense of balance to the body and mind. healing can then begin. upon entering your treatment room, take a deep breath, and inhale the intoxicating scent of lavender. put yourself into the calming hands of your therapist and allow them to slow your overactive thoughts and destress the body. a soothing, relaxing massage begins this treatment using the essential oil of lavender. with rhythmic strokes and soothing massage techniques, you slowly drift into a state of deep relaxation. a gel mask made with valerian, known for its powerful sedative effects, is gently applied to the body. a warm shower follows, to rinse only, and a lotion application using our lavender body lotion is performed. we strongly recommend you relax afterwards in our beautiful tea garden with a cup of chamomile tea and, if you fall asleep, sweet dreams.

80 minutes/$150.00

be energized. japanese hinoki power recovery aromatherapy treatment: reenergize and stimulate your body and mind, and encourage a sense of being centered and focused without distraction through the use of evergreen oil. it clears the mind of cobwebs and helps one be clear and decisive. hinoki oil, highly stimulating with its piercing aroma, is both warming and penetrating and well known for its ability to clear the head and improve memory. it has a significant effect on the central nervous system, especially the brain and works well on muscle aches and pains. an invigorating salt scrub infused with hinoki begins your journey. as you inhale the aromatic scent of hinoki, you become enlivened and energized, and your body becomes relieved of debilitating stress and aches. you then jump into a still bath for a brief but exhilarating rinse, that releases trapped and blocked stresses that inhibit your ability to move forward in life with vigor. followed by a cool shower, again to enliven your senses, you are embraced by the enticing scent of japanese evergreen as a lotion application is performed to seal in your newly discovered energy. you will be ready for anything.

80 minutes/$150.00

Belladonna spa packages

be pampered. here at belladonna we approach a day at the spa more as an adventure, an experience into a place of healing and tranquility, in which the sole purpose is for you to spend time with you and have fun. so we have sought out journeys, some foreign and exotic and others not so far but just as enlivening to your spirit and body.

be in new orleans package. capture the true essence of new orleans with some of the main ingredients and environmental elements that make us who we are. we hope that you will feel a part of this very rich and colorful culture as you journey through your day at belladonna. of course, new orleans would not be new orleans if you were not hot and sweaty, so you start your day in the sauna to get acclimated. we always start our days with a strong cup of coffee here in new orleans. it just tastes different, maybe it's the water and maybe it's the chicory. either way this invigorating scrub utilizes the natural acids in coffee to help tonify, soften and revitalize tired skin. warm milk is then used to rinse the fragrant coffee from your skin and because of the proteins, calcium, and vitamins, it is easily absorbed, leaving your skin soft and radiant. and you can't forget about the two main ingredients for most of the mouth-watering desserts in new orleans – brown sugar and vanilla – from bananas foster to crème brulee – these two ingredients celebrate what new orleans is all about. sugar cane contains glycolic acid which ultimately allows the skin to absorb moisture more efficiently making our brown sugar and vanilla body hydrator, that we use in our lotion application, the secret to refreshed and ultra-hydrated skin. new orleans is below sea level and surrounded by swamps and marshes rich in local flora and fauna, making the mud in these areas highly enriched in plant extracts and trace elements, excellent to draw out impurities and stimulate blood circulation. this rejuvenating facial treatment addresses dryness, loss of vitality and elasticity, and uneven tone through the use of mud. your skin will feel refined with greater tone and a more radiant and glowing complexion. gumbo and a poor boy make lunch very new orleans, and you end your day with a makeup application or a shaving lesson. a gift of a locally-made praline is your gift to take home. yeah, you right.

3 hours/$210.00

be in bali package. javanese lulur royal ritual: bali and all the pacific rim have been rich in their botanical heritage and steeped in ancient spiritual traditions for centuries. their approach emphasizes the oriental philosophy that beauty is a holistic concept embracing both the inner and outer self and is reliant on nature's own pharmacy to produce these beautiful results. this lulur is a ritual modeled after an ancient tradition of the javanese royalty before their wedding. every day, for 40 days, prior to any wedding celebration, a lulur would be given to the bride-to-be by the other women in the family, as a way of passing on wisdom and nurturing. today this tradition is now given for seven days and the "melati" flower or jasmine flower, one of the most popular flowers in southeast asia, is used to adorn both the bride and groom as a symbol of love and fertility. we recommend this treatment for both men and women. this two-hour treatment starts with a relaxing still bath surrounded by soothing scents, flower petals, and soft balinese music to help you prepare for this exceptional experience. a signature jamu massage is then given which is a meditative massage combining hindu, chinese, and european techniques for a rhythmic, relaxing and energizing experience, using jasmine frangipani flower massage oil. following this phenomenal massage, a full body scrub using the lulur powder made with turmeric, rice and jasmine lightly exfoliates and invigorates the skin. yogurt is applied to the body to further exfoliate and nourish the skin before your shower. a finishing application using jasmine frangipani lotion completes this experience that beautifies, cleanses, exfoliates and leaves the skin with an exotic, enticing floral scent. relax with a cup of jasmine tea in our tea garden and be transported to the exotic land of bali. lunch is from the far east and a balinese memento gift is yours to take home.

2.5 hours/$225.00

Belladonna spa packages

be overhauled. his spa day: let belladonna's precision spa care crew tune and detail your favorite man's body and soul with our overhaul package. he'll be refreshed from head to toe, his engine will purr and his finish will be restored to classic condition. our hot towel face treatment with pineapple and papaya enzymes will soothe and pamper his face in all the right ways and set the pace for the overhaul to begin. whether he is a convertible or a coupe, our special botanical scalp stimulant made with essential oils of rosemary, cypress, lemon, and sage will stimulate and soothe his scalp and nourish his mane. we then buff and polish his finish with our special energizing salt scrub which leaves his skin rejuvenated and supple. we then send him through the car wash and onto the table where his battery is recharged with a 50 minute massage. he will be relaxed, invigorated and his alignment restored after we use energizing hinoki lotion. our energizing pedicure will return traction and bounce to his step. as the finishing touch we carefully shape and trim his eyebrows. he will be tuned and ready to go. a gift is included with this package.

3.5 hours. $240.00

be totally detoxed. complete body purification: new orleans has great food, famous drinks, and excellent music heard late into the wee hours of the morning that all catches up with you sooner or later. belladonna has developed this deeply detoxifying package to assist your body in ridding itself of toxins and excess fluids, stimulating the circulatory and lymphatic system, and improving your overall feeling of well being. you begin with a detox still bath: a deep tub treatment with is a hot bath made with essential oils and herbal extracts to begin purifying your body. following the bath, you are dry brushed to further increase circulation and help move toxins through the lymphatic system. our detoxifying seaweed body mask rich in laminaria and lithothamnium, the most purifying plant from the sea, envelopes you, encouraging the release of toxins and unnecessary fluids stored in the body and clearing the mind of negative thoughts. a detox massage follows the body treatment that helps to firm and tone skin and assist the body to purge excess water. your detox package includes a city life detox homeopathic spray take home that further assists the elimination of toxins that can affect your health on a daily basis. we encourage you to drink plenty of water with lemon slices throughout your day, even when you leave the spa. this treatment is not recommended for people with heart conditions.

2.5 hours. $225.00

be back to normal. belladonna's recovery package: we have all been there – too much of something – too much fun, too much work, too much of the in-laws, too much phenomenal food, too much bourbon street, too many martinis, too many hours at the office and now it is your time. give yourself a day to recover. you start with a recharging tonic, made from heart healthy soy protein, essential amino acids, and crucial vitamins and minerals and other herbs to help replenish and purify the body as well as promote beauty. you are then escorted to the sauna, which helps boost your immune system and furthers the elimination of toxins. lie down, take some deep breaths and relax. to support you in drinking plenty of water throughout the day we give you a bottle of water. a detoxifying marine scrub helps to add trace elements and minerals to the skin, assists in improving cellular exchange and increases circulation to the skin. our detoxifying body mask, made from seaweed extracts, clay and japanese green tea is phenomenal at replacing lost electrolytes, hydrating the body and skin, and leaves you feeling restored and back to normal. a massage application of rosemary body moisturizer completes the recovery process. belladonna's energizing facial adds a quick pick me up to hydrate and energize the skin, leaving you re-balanced and ready to go again. a power bar is your gift to take home.

2.5 hours/$210.00

be released. grief relief package: the loss of a loved one, the end of a relationship, the passing of a pet, a divorce – all life experiences that can lead us into despair, overpowering sadness, and an unwillingness to take care of ourselves. and it is at this time that it is of utmost importance to do just that. by taking care of you in this time of crisis, you allow the grieving process to take place, which is necessary in order to begin healing. belladonna has created a package designed to support you in this endeavor. you begin with a warmed, soothing re-balancing mud body mask. mud is incredibly balancing, grounding, and centering to the body and spirit. you are then placed in a soothing, still bath infused with rose, lavender, chamomile, and bergamot essential oils known for their abilities to bring comfort and calm and uplift the spirit. a neck, shoulder and scalp massage accompanies this bath to help further the release of tension and stress that has been stored in these areas. a full body be relaxed massage accompanies this experience using the comforting blend of essential oils. completing your day we provide you with an opportunity to listen to a guided meditation in our tea garden and to spend some time journaling in our gift to you to take home.

2.5 hours/$195.00 (take your time in the tea garden and relax as long as you need.)

dual spa packages

be together: packages for two: family and friends play a major part in all our lives. they expand where we are headed and enrich and encourage us to be who we are. without them, we would not heal and we would not know the experience of loving or being loved. belladonna acknowledges the importance of these people in your life through experiences we have developed for the two of you, whoever that may be, as a way to express your love and appreciation for having them in your life.

be friendly. the best friends' getaway: you share the utmost secrets, you know what each other is thinking, you can call each other no matter what time – you are best friends. what better way to acknowledge your relationship than to spend a day taking care of each other at the spa. in celebration of your friendship, belladonna has planned a day for the two of you to relax. you start with the best friends' facial, a skin treatment that utilizes natural ingredients, extracts and essential oils to improve the health and vitality of your skin. this is followed by our best friends' massage, a customized 50-minute aromatherapy massage. you now regroup with each other and spend time in the tea garden, eating lunch and enjoying the peaceful sounds of the waterfalls that surround you. your day continues together while our hand and foot care specialists focus on your hands and feet. we recommend you change before you go into the hands of our make-up artists or shave educator but that is totally your decision. plan to spend the day. a disposable camera is your gift to document your day.

5 hours/$510.00 for 2

be with mom. belladonna's mother/daughter day: she taught you how to ride a bicycle, she made your favorite dinner when you were down, she was your thesaurus in high school, and she always made sure you wore the right kind of shoes. you watched her grow up, she always dated the wrong boys, she insisted on wearing too much makeup, she was always on a crazy diet, and she tried her hardest not to be just like you. and now, years later, you can both appreciate and love the similarities and the differences the two of you share. in celebration of the mother/daughter relationship, belladonna has designed a day for the two of you to be together at the spa to enjoy each other without the usual distractions that can take away or intrude on your time. our mother/daughter facial uses highly effective plant-based formulas designed to naturally treat both of your individual skin care needs. you then enjoy lunch together in the tea garden. continue your day while your hands and feet are pampered in the peaceful atmosphere of the nail room. have fun with your makeup artists as they work with the two of you to create a new look for the coming season. a disposable camera is your gift to document your day.

4 hours/$360.00 for 2

be together. belladonna's just the two of us rendezvous: there is something oh so romantic about spending a day at a spa with the one you love. perhaps it is knowing that that special someone is being treated like a king or queen or that each of you are so busy that finding time for even a relaxing bath at home is sometimes impossible. and now there is time to just be. be together in a serene, peaceful environment where there is no hurry or distraction. indulge yourselves in your day and make the most of it. start in the whirlpool or sauna, whichever you prefer, and feel the stress of the week slowly slipping away. experience our massage for two in the tranquility garden. remember you are here to relax so be sure to close your eyes and daydream that you are in hawaii. after your massage, our hand and foot care specialists will treat your fingers and toes with the ultimate of care before being escorted to lunch. lunch includes a split of champagne in hopes of encouraging you to relax in the tea garden following your lunch and even take a nap. a disposable camera is your gift to document your day together.

4.5 hours/$440.00 for 2

be in love. a romantic tryst for 2: the aztecs were the first to document the use of chocolate as an aphrodisiac. centuries later, belladonna has taken their ancient wisdom and created a romantic chocolate experience, enhanced with beautiful roses and champagne. immerse yourselves in a bubbly jacuzzi scattered with rose petals in our outdoor tranquility garden. give yourselves to our body therapists who will rub and scrub both of you with our fabulously delicious chocolate scrub, followed by an enticing massage for two with our special chocolate oil on rose scattered massage tables. lunch together leisurely in the tea garden while sipping champagne while the waterfalls whisper sweet nothings. your hands and feet are next to be indulged in chocolate heaven. using all delicious chocolate products we perform our chocolate manicure followed by the luscious pedicure au chocolate. end your day together by taking home a jar of our famous chocolate body paint, complete with brush. instructions are on the jar.
hint – be naughty!

4.5 hours/$540.00 for 2

Belladonna cosmetics

be stunning. makeup application
(includes brow shaping): **45 minutes/$45.00**

be a pro. professional makeup lesson:
75 minutes/$85.00

be married. bridal makeup: **$75.00**
with bridal party: $40.00 per person

be eventful. special occasion/holiday makeup
(includes browshaping): **60 minutes/$60.00**

Belladonna waxing

be rid of your razor.

lip:	**$15.00**
brow:	**$20.00**
chin/jaw:	**$18.00**
underarm:	**$20.00**
full arm & hand:	**$45.00**
half arm:	**$30.00**
lower leg and knee:	**$45.00**
upper leg:	**$40.00**
full leg (not including bikini):	**$70.00**
full leg and bikini:	**$95.00**
bikini:	**$35.00 + up**
brazilian:	**$60.00 + up**
back wax:	**$40.00 + up**
neck:	**$15.00**
feet (toes):	**$10.00**
sideburns:	**$10.00**
forehead:	**$10.00**
cheeks:	**$10.00**

alternatives to waxing

threading. originating in parts of india, the middle and far east, threading is now gaining popularity in western culture. thin, twisted cotton threads are rolled over unwanted hair plucking out the offending hair. it is more effective and less painful than tweezing; hair growth is finer and more sparse after regular treatments and the top layers of the skin are not traumatized or peeled in the process. threading is highly recommended and an excellent option for those who use retin-a, accutane, and similar exfoliating products.

- lip, brow, chin, hairline	**$15.00 each**
- sideburns, cheeks, neck	**$20.00 each**

brow shaping with tweezers	**$20.00**
lash tint	**$25.00**
eyebrow tint	**$25.00**